



COMMUNICATION AND COLLABORATION

**3-day intensive course for key
employees and leaders.**

28-30 September 2026

When collaboration **breaks down**, it's rarely due to a lack of competence

Most employees and leaders already know what good communication looks like. Yet we still experience:

Misunderstandings

Repetition

Unclear expectations

Unnecessary conflicts

Frustration and loss of energy

You might recognise yourself in this:

I plan thoroughly - and then reality takes over.

I react in the moment - and only think clearly afterwards.

This course is not about adding more communication models. It is about strengthening your ability to communicate clearly and act effectively - when it matters most.



The goal is lasting change.
Not temporary inspiration.

THE COURSE GIVES YOU

Clarity, impact, and practical tools.

You will gain:

- ✓ Insight into what characterises effective - and ineffective - communication
- ✓ Concrete methods to get your message across the first time
- ✓ Tools to reduce misunderstandings
- ✓ Tools to prioritise and maintain focus on what truly matters
- ✓ A structured and effective conversation framework that creates motivation and accountability
- ✓ Insight into how dialogue and coaching can be used for sparring, conflict management, and stronger collaboration



We work with your own real-life situations.

This means you can apply what you learn immediately when you return to work.



From firefighting to conscious action

Many people get caught in short-term operations and constant firefighting.

Stress is not busyness.

Stress is emotions out of control.



During the course, we work with:

- Prioritising long-term over short-term
- Managing your own emotions so you maintain balance
- Avoiding being driven by automatic reactions
- Getting your mind to function just as well in the moment as it does when you reflect afterwards

The course strengthens your ability to build relationships where they truly make a difference.

When you are balanced, you make better decisions.

When you make better decisions, collaboration improves.



AN INTENSIVE FORMAT – THE SAME GROUP ALL THE WAY

The course is a standalone 3-day intensive program.

The same group stays together for all three days.
This creates safety, honesty, and real development.

The residential format provides calm and immersion.
Three full days correspond to approximately 35 hours of teaching – equivalent to the content of five regular course days.

Practical Information

Location: Viborg Sports Folk High School (expected)

Arrival: Friday, 28 September 2026 at 09:30

Departure: Sunday, 30 September 2026 no later than 16:00

Price: DKK 13,300 + VAT

The price includes accommodation, full board, course materials, and individual coaching.

The course can be conducted in both Danish and English

Would you like to join?

Registration: mail@leadtochange.dk

Phone: +45 40 79 78 10



**Imagine your mind functioning just as well in the moment
as it does when you reflect afterwards.**